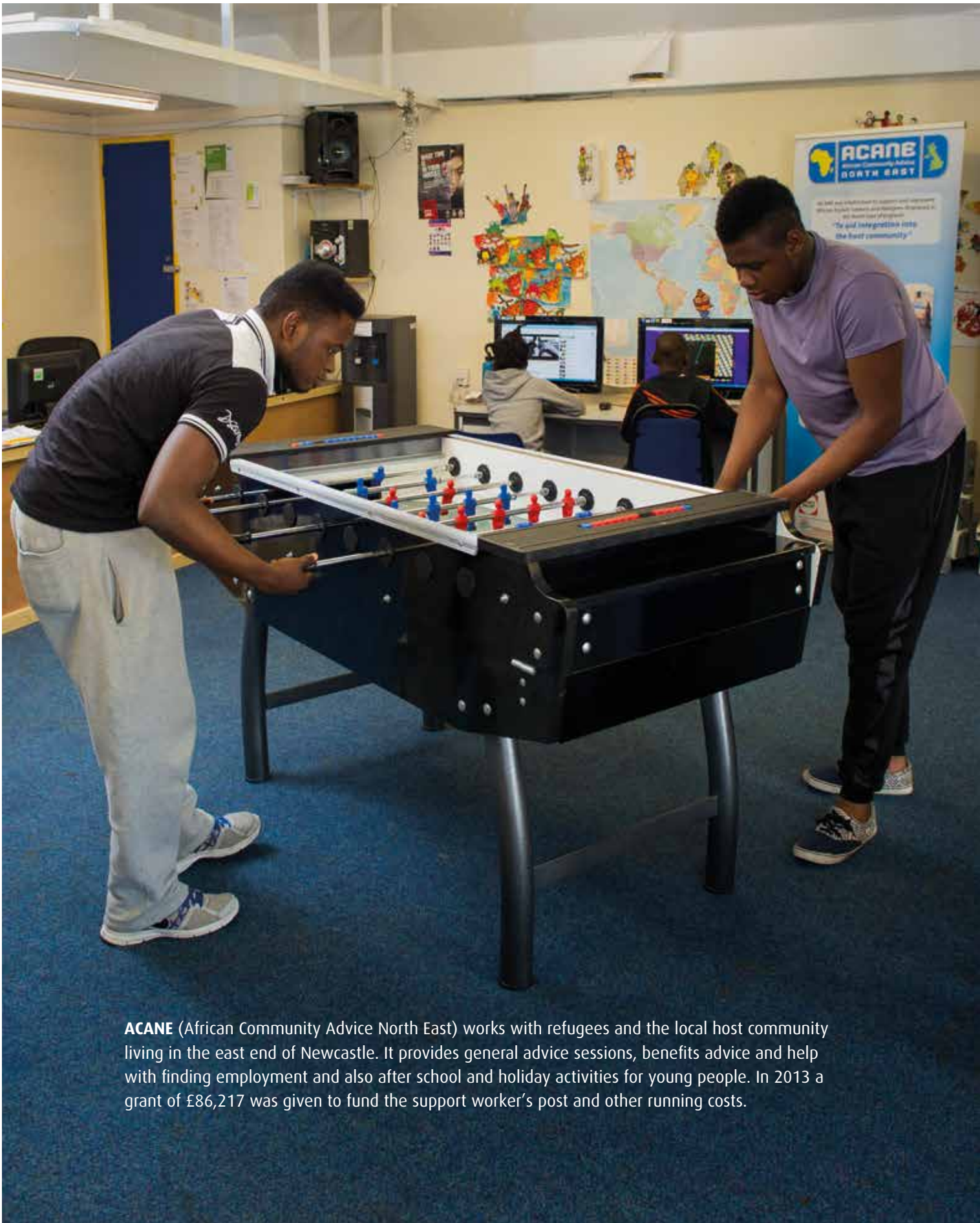




# Northern Rock Foundation

## Grants and Commissions 2013





**ACANE** (African Community Advice North East) works with refugees and the local host community living in the east end of Newcastle. It provides general advice sessions, benefits advice and help with finding employment and also after school and holiday activities for young people. In 2013 a grant of £86,217 was given to fund the support worker's post and other running costs.

## Grants and Commissions 2013

£7.6 million was awarded for grants and commissions.

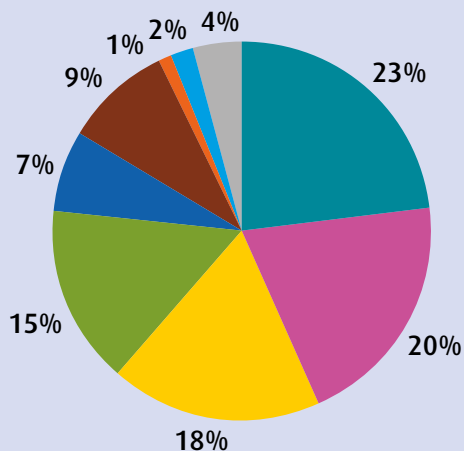
- 153 grants were awarded totalling £7.3 million.
- 39 grants were made for a term of three years, 24 for two years and 88 for one year or under. Two grants were made for a term of four years.
- 95% of the number of grants made were to organisations that had previously held a Foundation grant.
- £130,030 was also awarded through the Virgin Money staff match giving scheme.

## Staff Match Giving

The Foundation continued to support Virgin Money's staff match giving scheme in 2013. Virgin Money's corporate charity was Anthony Nolan. £46,047 was raised for Anthony Nolan through corporate and individual fundraising to the end of December 2013 and this was matched by the Foundation, providing a total donation of £92,094. Staff also donated £29,302 to two other charities through corporate fundraising. Individual fundraising or payroll giving of £54,681 was also matched by the Foundation up to a maximum of £500 per person. In total, in 2013 the staff match scheme generated £260,060 for charities.

<b>Top Ten Staff Supported Charities 2013</b>	
<i>Organisation</i>	<i>Amount £</i>
■ Anthony Nolan	46,047
■ Age UK & Youthnet	29,302
■ The Motor Neurone Disease Association	4,500
■ Cancer Research UK	3,325
■ St Oswald's Hospice	1,775
■ Hartlepool & District Hospice	1,540
■ Macmillan Cancer Support	1,513
■ Great North Air Ambulance Service	1,296
■ Grace House North East	1,255
■ Samaritans	1,000

## Amount awarded 2013



Programme	(£'000)
Changing Lives	1,751
Having a Home	1,567
Safety and Justice for Victims of Abuse	1,356
Enabling Independence and Choice	1,146
Managing Money	558
<b>Grants awarded under main programmes</b>	<b>6,378</b>
Fresh Ideas Fund	714
Training and Development	81
Other	125
<b>Total awarded by Trustees</b>	<b>7,298</b>
Commissions	328
<b>Grand Total</b>	<b>7,626</b>

## 2013 grants approved by region and per capita

Geographical area	Number of grants	Amount approved	% of amount approved	Population ('000)*	Amount approved per capita (£)
Cumbria	32	1,031	14	498	2.07
Durham	8	331	4	516	0.64
Northumberland	10	570	8	316	1.81
Tees Valley	20	1,385	19	665	2.08
Tyne and Wear	41	1,658	23	1,114	1.49
North East wide	33	1,844	25	2,611	0.70
North East and Cumbria	9	479	7	3,109	0.15
<b>Summary</b>	<b>153</b>	<b>7,298</b>	<b>100</b>	<b>3,109</b>	<b>2.35</b>

\* 2013 mid-year estimate

Complete details of the Foundation's expenditure in 2013 are presented in the Annual Report and Accounts available on our website or from our office.

## Changing Lives

### Grants

#### Prejudice and discrimination

**Newcastle Law Centre £162,775** Towards a legal buddy project offering refugees and asylum seekers a range of legal services, working in partnership with Justice First across the North East.

**West End Refugee Service £113,622** To fund the support worker's post and other running costs in Newcastle.

**Regional Refugee Forum North East £100,000** To continue to employ the training and development manager, working with refugees throughout the North East.

**African Community Advice North East £86,217** Towards salary and running costs of this project in Byker.

**Justice First £72,000** Towards salary costs for the project manager and part-time administrator, for this project in Teesside.

**North of England Refugee Service £50,000** To support the organisation during a period of transition, including salary and consultation costs.

**Newcastle Law Centre £5,000** To work with Justice First to develop casework systems and relevant training needs.

#### Substance misuse

**Northern Engagement into Recovery from Addiction Foundation £149,605** Towards continuation funding for the Family Support service for carers of people who misuse drugs and alcohol in Tyne and Wear.

**Cumbria Alcohol and Drug Advisory Service £95,160** To continue to employ the service user coordinator.

**Escape Family Support Group £75,000** To employ a business development manager for ESCAPE Trading Limited in Blyth.

**Helix Arts £45,000** Towards core funding to underpin a programme for young people at risk of, and those with, substance misuse problems living in the North East.

**Addaction £30,000** To maintain Addaction's "breaking the cycle" team in West Cumbria, working with families affected by drug and alcohol misuse.

**Women's Community Matters £24,750** To employ a part-time manager at a women's centre in Barrow-in-Furness.

**The Vulture Club £19,796** Towards salaries and core costs, for this community drug and alcohol recovery project in West Cumbria.

**Growing Well £8,560** To pilot a referral process to demonstrate that those with drug and alcohol issues benefit from Growing Well's services in Cumbria.

#### Young offenders

**NEPACS £150,000** Towards the costs of the learning and development team, increasing the communication and income-generating capacity of the organisation.

**Nacro £132,080** To employ a development manager to support links with voluntary and community organisations in the North East and Cumbria to reduce reoffending.

**Cumbria Reducing Offending Partnership Trust**

**£128,500** To employ a chief executive and business development manager.

**The Northern Inclusion Consortium Partnership Trust**

**£100,000** To support the establishment of a consortium of four North East-based organisations to bid for criminal justice contracts.

**Clinks £94,848** To employ a local development worker supporting criminal justice and community safety organisations for the voluntary and community sector in the North East.

**User Voice £92,256** Towards the costs of the Passport to Change project, working across the North East and Cumbria, providing peer support to offenders.

**Cumbria Reducing Offending Partnership Trust**

**£9,000** To support the setting up of a formal consortium of Cumbria organisations involved in providing services for offenders and ex-offenders.

**Cumbria Alcohol and Drug Advisory Service**

**£7,000** To continue the development of the partnership project with Cumbria Youth Offending Service, which aims to reduce the rate of reoffending of young people.

**23 Grants £1,751,169**

**Commission****Barefoot Research and Evaluation £20,000**

Towards action-oriented research to support Clinks' policy work.

**1 Commission £20,000**

**Total 24 Grants and Commission**

**Changing Lives Total £1,771,169**

**Having a Home****Grants**

**Centrepoint County Durham £218,363** Towards Youth Homelessness North East, a network of individuals and organisations working to end youth homelessness in the North East.

**Aquila Way £218,170** To sustain a day centre for homeless people in Gateshead.

**Community Campus 87 £200,000** To sustain the charity's work providing accommodation to people with a history of substance misuse in Hartlepool.

**First Stop Darlington £197,278** To sustain a project providing practical help and support to homeless people.

**Changing Lives £150,000** Towards the regional manager of Business Action on Homelessness to help people living in hostel accommodation to move into sustained employment and independent living.

**Crisis UK £125,000** Towards a learning and activity centre for homeless and vulnerable people working across Tyne and Wear.

**Hope North East £95,000** Towards a project that provides accommodation and a rent deposit guarantee scheme to homeless people with drug and alcohol problems in Middlesbrough.

**700 Club £94,712** Towards a bond deposit guarantee scheme that enables homeless people to access the private rental sector in Darlington.

**Depaul Trust £89,960** To expand Nightstop North East by merging with Nightstop Teesside.

**Centrepoint County Durham £83,762** To employ a business development manager to expand Centrepoint's services for young people in the North East.

**Single Homeless Action Initiative Derwentside £60,000** Towards an advice and guidance service for homeless young people in Derwentside.

**Impact Housing Association £18,000** To appoint a development officer for Barrow Foyer.

**University of Northumbria at Newcastle £10,000** Towards peer-led research into the nature, service needs and everyday experiences of residents of Houses in Multiple Occupation, to address key policy and practice concerns.

**Depaul Trust £6,251** Towards mediation training for five staff at Nightstop in North Tyneside.

### Total 14 Grants

**Having a Home  
Total**

**£1,566,496**

## Safety and Justice for Victims of Abuse

### Grants

#### Child abuse

**Barnardo's SECOS Project £100,000** To continue work with sexually exploited young men across Teesside.

**Safety Net Advice and Support Centre £91,307** Towards the core costs of this organisation, which supports victims of sexual abuse and their families across North and West Cumbria.

**Trinity Youth Association £14,713** To develop the capacity of LGBT youth workers to reduce the incidence of child sexual exploitation of LGBT young people, across the North East.

**University of Sunderland £6,810** For development work bringing together LGBT youth workers and Child Sexual Exploitation specialists to look at how best to support vulnerable young people in the North East.

**Kidsafe UK £4,702** To write, deliver and evaluate child abuse prevention workshops for secondary school pupils, in West Cumbria.

### Domestic abuse

**Victim Support £127,500** Towards the core costs of Cease 24 for its work with victims of domestic abuse across Northumberland.

**Impact Housing Association £120,000** Towards the Letgo service for its work with victims of domestic abuse across Cumbria.

**Eva Women's Aid £97,500** Towards the costs of this service, which supports victims of domestic abuse and sexual violence across Redcar and Cleveland.

**The Angelou Centre £95,757** For a specialist IDVA to address the advocacy and support needs of high-medium risk BAME women, in Newcastle.

**Victim Support £76,880** To continue the work of North East Domestic Abuse Project to improve services for, and responses to, LGBT victims of domestic abuse.

**Acorns £60,000** Towards work with young people to raise awareness and discuss ideas about healthy and unhealthy relationships, in North Tyneside.

**Acorns £60,000** Towards the core funding of this specialist domestic abuse service working with adults and children across North Tyneside.

**Derwentside Domestic Abuse Service £60,000** Towards administrative support and a senior support worker for this County Durham service.

**Victim Support £5,000** To employ an independent consultant to facilitate the development of a domestic violence consortium in Newcastle.



## Hate crime

**Gay Advice Darlington £66,600** To fund work supporting victims and witnesses of homophobic and transphobic hate crime, across County Durham and Darlington.

## Sexual violence

**Rape Crisis Tyneside and Northumberland £90,000** Towards Grace – a specialist sexual violence service in Northumberland for women aged 16 and over.

**Changing Lives £65,000** For the GAP project, which seeks to minimise the health and safety risks for women involved in sex work, helping them find an exit, in Newcastle.

**Rape Crisis Tyneside and Northumberland £60,000** To contribute to the creation and ongoing coordination of a Northumbria Sexual Violence Strategic Forum.

**A Way Out £48,000** Towards work with sexually exploited adult women, in Stockton.

**Changing Lives £38,500** Towards work with sexually exploited men in Newcastle and Gateshead, alongside a regional learning event.

**University of Bristol £19,962** To assess the impact of independent sexual violence advocates (ISVAs) on progression of rape cases through the criminal justice system, on Teesside.

**Rape Crisis Tyneside and Northumberland £19,000** Towards the post of chief executive for this expanding sexual violence service working across Tyneside and Northumberland.

**Sunderland Counselling Services £10,117** To look at long-term options for service provision for victims of sexual violence in Sunderland.

**Rape and Sexual Abuse Counselling Centre (Darlington & Co Durham) £5,000** To conduct a feasibility study to look at how a young person's toolkit could be used in Darlington.

## Programme Wide

**The Angelou Centre £9,511** To develop facilities, which will enable the organisation to better support vulnerable women whilst creating an income stream for the Centre in the North East.

**Newcastle Society for Blind People £4,000** To provide an independent evaluation of the safeguarding project to secure continuation funding.

**26 Grants £1,355,859**

## Commissions

**CAADA £72,500** To provide the Insights data management system for five domestic abuse services across the North East.

**Barefoot Research and Evaluation £19,740** For further work to complete a study looking at sexual exploitation across Teesside.

**Barefoot Research and Evaluation £19,020** For a study building on previous work, looking at the regional picture regarding sexual exploitation of adults and children across the North East and Cumbria.

**3 Commissions £111,260**

## Total 29 Grants and Commissions

**Safety and Justice for Victims of Abuse Total £1,467,119**

## Enabling Independence and Choice

### Grants

#### Learning disability

**Your Voice Counts £111,916** To ensure that people with learning disabilities in Gateshead have access to advocacy support from a combination of volunteers and paid case advocates.

#### Mental health

**Carlisle Eden Mind £98,190** To employ a project worker to develop a range of services for people with mental health problems in Carlisle.

**Mind £87,357** Towards the cost of employing a part-time business development officer to support the work of Mind in the North East and Cumbria.

**Redcar and Cleveland Mind £79,162** To deliver well-being and therapeutic services.

**Waddington Street Centre £67,446** To fund the post of resource organiser coordinating the Centre's education provision, its volunteers and to develop the concept of a County Durham Recovery College.

**Let's Get Growing £66,760** Towards the core costs of this organisation that provides people with mental health problems and people with dementia, with the opportunity to take part in a gardening project in Tynedale, Northumberland.

**New Arts North £60,934** To develop and run a range of creative activities for people with mental health problems in Cumbria.

**Blyth Star Enterprises £58,374** To employ a facilitator to support Lionhearts mental health support group in Alnwick, Northumberland.

**Hartlepool and East Durham Mind £58,282** To employ a fundraising manager for this organisation, which supports people with mental health problems in Hartlepool and East Durham.

**Middlesbrough Mind £57,186** To employ a business development officer to develop Mind's work in Stockton-on-Tees.

**Contact (Morpeth Mental Health Group) £54,185** Towards the core costs of the organisation, which supports people with mental health problems in South Northumberland.

**Tyneside Mind £53,107** To recruit a part-time development officer in South Tyneside to develop new services.

**Mind in Furness £18,741** Towards the cost of establishing a project to support people with mental health problems in Millom, Cumbria.

#### Older people

**Age UK West Cumbria £88,814** To provide a dementia awareness facilitator to develop community-led initiatives to support people with dementia in West Cumbria and produce a good practice guide.

**Prism Arts £75,000** To develop creative opportunities for people with dementia and their carers in Cumbria.

**Independent Advocacy (North Tyneside) £66,606** To provide a holistic advocacy service for people with dementia, their carers and families in North Tyneside.

**The Life Story Network CIC £19,845** To develop life story work with carers in Hartlepool.

**Chopwell and Blackhall Mill Live at Home Scheme £16,800** To establish a dementia cafe in Chopwell and Blackhall Mill, Gateshead.

**North East Dementia Alliance £7,500** To research the status of dementia care in the North East.

#### Total 19 Grants

**Enabling Independence and Choice  
Total £1,146,205**

## Managing Money

### Grants

**NE First Credit Union £165,854** To support the growth of a new credit union resulting from the merger of credit unions in Gateshead, Chester-le-Street and County Durham.

**Darlington Credit Union £150,000** To support expansion of the credit union's services.

**DAWN £125,000** Towards the continuation of a telephone debt advice service across the North East and Cumbria.

**Prince Bishops Community Bank £69,750**  
To increase membership and loans to individuals in employment by promoting a salary deduction scheme.

**Carlisle and District Credit Union £28,300**  
To provide additional capacity to enable the development manager to concentrate on promoting membership.

**Moneywise £14,736** To help the credit union to provide interest free loans for annual travel passes by upgrading its computer systems.

**FINCAN £4,500** Towards the running costs and a bursary scheme for a financial inclusion training programme.

**7 Grants £558,140**

### Commission

**Liverpool John Moores University £2,500**  
For a research study to map the progress and development of credit unions in the North East of England and Cumbria since the publication of 'Strategies for Growth' in 2012.

**1 Commission £2,500**

### Total 8 Grants and Commissions

**Managing Money  
Total £560,640**

## Fresh Ideas

### Grants

**NEPACS £50,000** To develop community transport routes across the region to improve access for families visiting prisons.

**Changing Lives £49,930** Towards the costs of establishing a furniture recycling/resale unit in Newcastle.

**Prism Arts £49,904** To work with Haltwhistle Film Project to create developmental training packages for care workers.

**Escape Family Support Group £48,780**  
To assess the viability of a counselling and therapeutic service for Northumberland.

**Growing Well £47,500** To pilot and evaluate a therapeutic day community for adults with personality disorders, in Cumbria.

**The Derwent Initiative £47,500** To fund the development of a national marketing strategy.

**Impact Family Services £47,396** To pilot a service for separating parents who no longer qualify for legal aid.

**Teesdale YMCA £46,319** To set up a furniture recycling social enterprise to develop the employability skills of vulnerable young people.

**Northumberland Federation of YMCAs £45,472**  
To grow and develop the current business income streams of the organisation.

**Stockton District Advice and Information Service £45,272** To develop legal training and learning activities to generate additional income.

**Moneywise £40,000** To work in partnership with Your Homes Newcastle to provide low cost credit to enable tenants to purchase furniture.

**Fiscus £33,150** To develop a furniture recycling project.

**Keyfund Federation (now The Key) £31,570**  
To develop Keyfund's 'Kerching' programme, which helps young people develop their relationship with money and become financially resilient.

**Bill Quay Farm Association £28,071** To develop accredited education provision for this organisation in Gateshead.

**The Laurie Brewis Trust £27,500** To develop specialist courses integrating people with a disability within a university setting, in Cumbria.

**Open Clasp Theatre Company £25,000**  
To market a DVD and training package to key care providers in the UK.

**Cornerstone Supported Housing £23,500**  
Towards a full-time manager/trainer, to enable this project in County Durham to expand.

**Tees Valley Wildlife Trust £17,464** For a feasibility study to determine the potential for ecotherapy services as a form of occupational therapy.

**Age UK Barrow & District £10,000** To undertake a feasibility study for an artisan bakery.

### Total 19 Grants

<b>Fresh Ideas Total</b>	<b>£714,328</b>
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## Policy and Research

### Grants

**New Philanthropy Capital £10,000** To support the Inspiring Impact programme.

**IVAR £5,000** To support a network for funders working on impact and evaluation.

**New Philanthropy Capital £5,000** To develop funder practice in supporting impact measurement and reporting.

**3 Grants** **£20,000**

### Commissions

**IVAR £5,000** To provide a contribution to the evaluation of the Child Sexual Exploitation Funders' Alliance.

**St. Chads College, University of Durham £19,800** To carry out a review of Northern Rock Foundation's work between 1998 and 2014.

**2 Commissions** **£24,800**

### Total 5 Grants and Commissions

<b>Policy and Research Total</b>	<b>£44,800</b>
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## Training and Development

### Grants

#### Learning and Support Small Grants

38 grants to help organisations address management and governance issues or to engage in learning.

**38 Grants** **£81,134**

### Commissions

**Newcastle University £64,000** To deliver a leadership development programme for voluntary sector leaders.

**Pilotlight £52,000** To provide targeted support to increase the sustainability of voluntary sector organisations.

**Richardson Howarth £36,275** To provide access to 'Building Entrepreneurial Organisations' training and support to organisations.

**Brightpurpose £10,000** To promote a 'resilience framework' to improve awareness of the characteristics and skills of successful voluntary organisations.

**Cumbria CVS £5,000** To assess and scope a Cumbria leadership programme.

**Richardson Howarth £1,500** To deliver demonstration training on 'Building Entrepreneurial Organisations'.

**People Purpose Planning £1,125** Extension to the Theory of Change training programme.

**7 Commissions** **£169,900**

### Total 45 Grants and Commissions

**Training and Development Initiatives Total** **£251,034**

## Exceptional Grants

### Grants

**PNE Group £50,000** Towards the Start-Up loans project, in the North East and Cumbria.

**Sunderland Bangladeshi Community Centre £32,000** To employ a centre development officer to develop a programme of income generation for this community centre in Sunderland.

**Institute for Public Policy Research North £15,000** Towards the Spending Review North research project.

**Gateshead Voluntary Organisations Council £8,000** Towards Funding Information North East's information services.

### Total 4 Grants

**Exceptional Grants Total** **£105,000**

**Total 14 Commissions** **£328,460**

**Total 153 Grants** **£7,298,331**

**Grants and Commissions Grand Total** **£7,626,791**



Hannah Underwood (pictured) is the Chief Executive of The Key, which gives young people the motivation and opportunity to run projects, develop their skills and gain new experiences. In 2013 The Key was awarded a Fresh Ideas Fund grant of £31,570 to develop its “Kerching” programme helping young people to become financially resilient.

Young people present their digital enterprise project idea to a special Key Panel.



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