



# local media contacts



Northern Rock Foundation  
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Website: [www.nr-foundation.org.uk](http://www.nr-foundation.org.uk)

March 2007

**REGIONAL****Accent Magazine/North East Times**

Accent Magazines Limited, 5-11 Causey Street  
Gosforth, Newcastle upon Tyne NE3 4DJ  
Tel: 0191 284 9994 Fax: 0191 284 9995  
Email: kevin.wright@accentmagazines.co.uk

**BBC TV North East and Cumbria**

Broadcasting Centre, Barrack Road  
Newcastle upon Tyne NE99 2NE  
Tel: 0191 232 1313 Fax: 0191 221 0112  
Email: newcastlenews@bbc.co.uk  
Web: www.bbc.co.uk

**Century FM**

Century House, PO Box 100, Gateshead  
Tyne and Wear NE8 2YY  
Tel: 0191 490 3600 Fax: 0191 490 0607  
Email: news@centuryfm.co.uk  
Web: www.100centuryfm.com

**Galaxy Radio**

Silverlink Business Park, Kingfisher Way  
Wallsend, Tyne and Wear NE28 9NX  
Tel: 0191 206 8133 Fax: 0191 206 8120  
Email: news@galaxy1056.co.uk  
Web: www.galaxy1056.co.uk

**ITV Tyne Tees**

Television House, The Watermark, Gateshead  
Tyne and Wear NE11 9SZ  
Tel: 0191 404 8700  
Email (Tyne): tttv.news@itv.com  
Email (Tees): Belasis.news@itv.com  
Web: www.tynetees.tv

**The Journal**

Thomson House, Groat Market  
Newcastle upon Tyne NE1 1ED  
Tel: 0191 232 7500 Fax: 0191 261 8869  
Email: jnl.newsdesk@ncjmedia.co.uk  
Web: www.icnewcastle.co.uk

**Metro (free newspaper)**

Ground Floor, 195 High Street, Gateshead  
Tyne and Wear NE8 1AS  
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Email: chris.collett@ukmetro.co.uk  
dean.hodgson@ukmetro.co.uk  
Web: www.metro.co.uk

**Metro FM & Magic**

55 Degrees North, Pilgrim Street  
Newcastle upon Tyne NE1 6BF  
Tel: 0191 230 6100 Fax: 0191 279 0288  
Email: news@metroandmagic.com  
Web: www.metroradio.co.uk

**Sunday Sun**

Thomson House, Groat Market  
Newcastle upon Tyne NE1 1ED  
Tel: 0191 232 7500 Fax: 0191 230 0238  
Email: mike.kelly@ncjmedia.co.uk  
Web: www.icnewcastle.co.uk

**TYNE AND WEAR****BBC Radio Newcastle**

Broadcasting Centre, Barrack Road  
Newcastle upon Tyne NE99 1RN  
Tel: 0191 232 4141 Fax: 0191 232 5082  
Email: radionewcastle.news@bbc.co.uk  
Web: www.bbc.co.uk/england/radionewcastle

**Evening Chronicle**

Thomson House, Groat Market  
Newcastle upon Tyne NE1 1ED  
Tel: 0191 232 7500 Fax: 0191 261 8869  
Email: ec.news@ncjmedia.co.uk  
Web: www.icnewcastle.co.uk

**Herald and Post (Tyne and Wear)**

191 High Street, Gateshead  
Tyne and Wear NE8 1AS  
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Email: zoe.burn@ncjmedia.co.uk

**News Guardian**

33-35 Park View, Whitley Bay  
Tyne and Wear NE26 2TP  
Tel: 0191 251 8484 Fax: 0191 251 8566  
Email: tegan.chapman@northeast-press.co.uk  
Web: www.northtynesidetoday.co.uk

**Shields Gazette**

Chapter Row, South Shields  
Tyne and Wear NE33 1BL  
Tel: 0191 455 4661 Fax: 0191 456 8270  
Email: gary.welford@northeast-press.co.uk  
Web: www.southtynesidetoday.co.uk

**Star Series Newspapers**

Coniston House, Washington  
Tyne and Wear NE38 7SH  
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Email: echo.news@northeast-press.co.uk

**Sun FM**

Echo House, Pennywell Industrial Estate  
Sunderland, Tyne and Wear  
Tel: 0191 548 7799 Fax: 0191 548 7171  
Email: news@sun-fm.com  
Web: www.sun-fm.com/radio

**Sunderland Echo**

Pennywell, Sunderland SR4 9ER  
Tel: 0191 501 5800 Fax: 0191 534 5975  
Email: echo.news@northeast-press.co.uk  
Web: www.sunderlandtoday.co.uk

**NORTHUMBERLAND****Berwick Advertiser**

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Northumberland TD15 1BW  
Tel: 01289 306677 Fax: 01289 307377  
Email: janetwakenshaw@tweeddalepress.co.uk  
Web: www.berwicktoday.co.uk

**Hexham Courant**

Beaumont Street, Hexham  
Northumberland NE46 3NA  
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**Morpeth Herald**

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**News Post Leader**

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**Northumberland Gazette**

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Web: www.northumberlandtoday.co.uk

**DURHAM****Alpha 103.2**

11 Woodland Road, Darlington  
County Durham DL3 7BJ  
Tel: 01325 255552  
Email: news@alpha1032.com

**Darlington and Stockton Times**

PO Box 14, Priestgate, Darlington DL1 1NF  
Tel: 01325 381313 Fax: 01325 464637  
Email: dst@nne.co.uk  
Web: www.dst.co.uk

**Northern Echo**

Priestgate, Darlington DL1 1NF  
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Email: echo@nne.co.uk  
Web: www.thisisthenortheast.co.uk

**Teesdale Mercury**

24 Market Street, Barnard Castle  
Co Durham DL12 8NB  
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Email: adrianbrady@teesdalemercury.co.uk

**TEESSIDE****BBC Radio Cleveland**

Broadcasting House, Newport Road  
Middlesbrough TS1 5DG  
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Email: cleveland.news@bbc.co.uk  
Web: www.bbc.co.uk/england/radiocleveland

**Darlington and Stockton Times**

PO Box 14, Priestgate, Darlington DL1 1NF  
Tel: 01325 381313 Fax: 01325 464637  
Email: dst@nne.co.uk  
Web: www.dst.co.uk

**East Cleveland Advertiser**

30 Queen Street, Redcar, Cleveland TS10 1BD  
Tel: 01642 480397 Fax: 01642 498910  
Email: [claire.burbage@nne.co.uk](mailto:claire.burbage@nne.co.uk)  
Web: [www.theclarion.co.uk](http://www.theclarion.co.uk)

**Evening Gazette**

Borough Road, Middlesbrough TS1 3AZ  
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**Hartlepool Mail**

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Web: [www.hartlepooltoday.co.uk](http://www.hartlepooltoday.co.uk)

**Herald and Post (Teesside)**

Gazette Buildings, Borough Road  
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Tel: 01642 234355 Fax: 01642 232014  
Email: [sue.giles@gazette-media.co.uk](mailto:sue.giles@gazette-media.co.uk)

**TFM Radio**

Radio House, Yale Crescent  
Stockton on Tees TS17 6AA  
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Email: [tfmnews@tfmradio.com](mailto:tfmnews@tfmradio.com)  
Web: [www.tfmradio.co.uk](http://www.tfmradio.co.uk)

**CUMBRIA****BBC Radio Cumbria**

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Web: [www.bbc.co.uk/england/radiocumbria](http://www.bbc.co.uk/england/radiocumbria)

**Border Television**

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Tel: 01228 525101  
Email: [btvnews@granadamedia.com](mailto:btvnews@granadamedia.com)  
Web: [www.border-tv.com](http://www.border-tv.com)

**Carlisle Evening News**

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Web: [www.newsandstar.co.uk](http://www.newsandstar.co.uk)

**CFM**

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**The Cumberland News**

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Web: [www.cumberland-news.co.uk](http://www.cumberland-news.co.uk)

**Cumberland & Westmorland Herald**

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Email: [mail@cwherald.com](mailto:mail@cwherald.com)  
Web: [www.cwherald.com](http://www.cwherald.com)

**Lakeland Radio**

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**North West Evening Mail**

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**The Westmorland Gazette**

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**The Whitehaven News**

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