



local media contacts



Northern Rock Foundation
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Email: generaloffice@nr-foundation.org.uk

Website: www.nr-foundation.org.uk

October 2004

REGIONAL

BBC TV North East and Cumbria

Broadcasting Centre, Barrack Road
Newcastle upon Tyne NE99 2NE
Tel: 0191 232 1313 Fax: 0191 221 0112
Email: newcastlenews@bbc.co.uk
Web: www.bbc.co.uk

Century FM

Century House, PO Box 100, Gateshead
Tyne and Wear NE8 2YY
Tel: 0191 477 6666 Fax: 0191 490 0607
Email: news@centuryfm.co.uk
Web: www.100centuryfm.com

Galaxy Radio

Silverlink Business Park, Kingfisher Way, Wallsend
Tyne and Wear NE28 9NX
Tel: 0191 206 8133 Fax: 0191 206 8120
Email: news@galaxy1056.co.uk
Web: www.galaxy1056.co.uk

The Journal

Thomson House, Groat Market
Newcastle upon Tyne NE1 1ED
Tel: 0191 232 7500 Fax: 0191 261 8869
Email: jnl.newsdesk@ncjmedia.co.uk
Web: www.icnewcastle.co.uk

Metro (free newspaper)

Ground Floor, 195 High Street, Gateshead
Tyne and Wear NE8 1AS
Tel: 0191 490 1559 Fax: 0191 477 9157
Email: news@metronortheast.co.uk
Web: www.metro.co.uk

Metro FM & Magic

Longrigg, Swalwell, Newcastle upon Tyne NE99 1BB
Tel: 0191 420 0971 Fax: 0191 488 8611
Email: news@metroandmagic.com
Web: www.metroradio.co.uk

North East Times

Accent Magazines Limited, 10 Brentwood Avenue
Newcastle upon Tyne NE3 3DH
Tel: 0191 239 9771 Fax: 0191 239 9772
Email: info@accentmagazines.co.uk

Sunday Sun

Thomson House, Groat Market
Newcastle upon Tyne NE1 1ED
Tel: 0191 232 7500 Fax: 0191 230 0238
Email: mike.kelly@ncjmedia.co.uk
Web: www.icnewcastle.co.uk

Tyne Tees Television

City Road, Newcastle upon Tyne NE1 2AL
Tel: 0191 261 0181 Fax: 0191 261 2302
Email: tstv.news@granadamedia.com
Web: www.tynetees.tv

TYNE AND WEAR

BBC Radio Newcastle

Broadcasting Centre, Barrack Road
Newcastle upon Tyne NE99 1RN
Tel: 0191 232 4141 Fax: 0191 232 5082
Email: radionewcastle.news@bbc.co.uk
Web: www.bbc.co.uk/england/radionewcastle

Evening Chronicle

Thomson House, Groat Market
Newcastle upon Tyne NE1 1ED
Tel: 0191 232 7500 Fax: 0191 261 8869
Email: ec.news@ncjmedia.co.uk
Web: www.icnewcastle.co.uk

Herald and Post (Tyne and Wear)

191 High Street, Gateshead, Tyne and Wear NE8 1AS
Tel: 0191 232 7500 Fax: 0191 230 0238
Email: zoe.burn@ncjmedia.co.uk

News Guardian

33-35 Park View, Whitley Bay
Tyne and Wear NE26 2TP
Tel: 0191 251 8484 Fax: 0191 251 8566
Email: samantha.start@northeast-press.co.uk
Web: www.northtynesidetoday.co.uk

Shields Gazette

Chapter Row, South Shields, Tyne and Wear NE33 1BL
Tel: 0191 455 4661 Fax: 0191 456 8270
Email: gary.welford@northeast-press.co.uk
Web: www.southtynesidetoday.co.uk

Star Series Newspapers

Coniston House, Washington
Tyne and Wear NE38 7SH
Tel: 0191 501 5800 Fax: 0191 534 5975
Email: betty.long@northeast-press.co.uk

Sun FM

Echo House, Pennywell Industrial Estate
Sunderland, Tyne and Wear
Tel: 0191 548 7799 Fax: 0191 548 7171
Email: news@sun-fm.com
Web: www.sun-fm.com/radio

Sunderland Echo

Pennywell, Sunderland SR4 9ER
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Web: www.sunderlandtoday.co.uk

**Whitley Bay News Guardian**

Guardian House, 33-35 Park View, Whitley Bay
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Web: www.northtynesidetoday.co.uk

NORTHUMBERLAND**Berwick Advertiser**

90 Marygate, Berwick upon Tweed

Northumberland TD15 1BW

Tel: 01289 306677 Fax: 01289 307377

Email: janetwakenshaw@tweeddalepress.co.uk

Web: www.berwicktoday.co.uk

Hexham Courant

Beaumont Street, Hexham

Northumberland NE46 3NA

Tel: 01434 602351 Fax: 01434 607872

Email: brian.tilley@hexham-courant.co.uk

Web: www.hexham-courant.co.uk

Morpeth Herald and Ponteland Observer

17 Newgate Street, Morpeth

Northumberland NE61 1AW

Tel: 01670 517171 Fax: 01670 503805

Email: terry.hackett@northeast-press.co.uk

Web: www.morpethtoday.co.uk

News Post Leader

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Tyne and Wear NE26 2TP

Tel: 0191 251 8484 Fax: 0191 251 8566

Email: samantha.start@northeast-press.co.uk

Web: www.blyth-wansbecktoday.co.uk

Northumberland Gazette

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Web: www.northumberlandtoday.co.uk

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Darlington and Stockton Times

PO Box 14, Priestgate, Darlington DL1 1NF

Tel: 01325 381313 Fax: 01325 464637

Email: dst@nne.co.uk

Web: www.dst.co.uk

Herald and Post (Darlington & South Durham)

31 Duke Street, Darlington DL3 7RX
Tel: 01325 262222 Fax: 01325 380348
Email: kathy.marshall@gazettemedia.co.uk

Northern Echo

Priestgate, Darlington DL1 1NF
Tel: 01325 381313 Fax: 01325 380539
Email: echo@nne.co.uk
Web: www.thisisthenortheast.co.uk

Teesdale Mercury

24 Market Street, Barnard Castle
Co Durham DL12 8NB
Tel: 01833 637140
Email: adrianbrady@teesdalemercury.co.uk

TEESSIDE**BBC Radio Cleveland**

Broadcasting House, Newport Road
Middlesbrough TS1 5DG
Tel: 01642 22 5211 Fax: 01642 21 1356
Email: bbcradiocleveland@bbc.co.uk
Web: www.bbc.co.uk/england/radiocleveland

Darlington and Stockton Times

PO Box 14, Priestgate, Darlington DL1 1NF
Tel: 01325 381313 Fax: 01325 464637
Email: dst@nne.co.uk
Web: www.dst.co.uk

East Cleveland Advertiser

30 Queen Street, Redcar, Cleveland TS10 1BD
Tel: 01642 480397 Fax: 01642 498910
Email: eca@nne.co.uk
Web: www.theclarion.co.uk

Evening Gazette

Borough Road, Middlesbrough TS1 3AZ
Tel: 01642 245401 Fax: 01642 210565
Email: news@eveninggazette.co.uk
Web: www.icteesside.co.uk

Hartlepool Mail

Clarence House, Clarence Road, Hartlepool TS24 8BU
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Email: peter.mccusker@northeast-press.co.uk
Web: www.hartlepooltoday.co.uk

Herald and Post (Teesside)

Gazette Buildings, Borough Road
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Tel: 01642 234355 Fax: 01642 232014
Email: sue.giles@gazettemedia.co.uk

TFM Radio

Radio House, Yale Crescent

Stockton on Tees TS17 6AA

Tel: 01642 888222 Fax: 01642 868288

Email: tfmnews@tfmradio.com

Web: www.tfmradio.co.uk

CUMBRIA

BBC Radio Cumbria

Annetwell Street, Carlisle CA3 8BB

Tel: 01228 592444 Fax: 01228 511195

Email: radio.cumbria@bbc.co.uk

Web: www.bbc.co.uk/england/radiocumbria

Border Television

Television Centre, Carlisle, Cumbria CA1 3NT

Tel: 01228 525101

Email: btvnews@granadamedia.com

Web: www.border-tv.com

Carlisle Evening News

Newspaper House, Dalston Road, Carlisle CA2 5UA

Tel: 01228 612600 Fax: 01228 612601

Email: news@cumbrian-newspapers.co.uk

Web: www.newsandstar.co.uk

CFM

PO Box 964, Carlisle, Cumbria CA1 3NG

Tel: 01228 818964

Email: studios@cfmradio.com

Cumberland & Westmorland Herald

14 King Street, Penrith, Cumbria CA11 7AH

Tel: 01768 862313

Email: cwherald@globalnet.co.uk

Web: www.cwherald.com

Lakeland Radio

Lakeland Food Park, Crook Road, Kendal

Cumbria LA8 8QJ

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Email: info@lakelandradio.co.uk

Web: www.lakelandradio.co.uk

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Email: mlegg@cngroup.co.uk

Web: www.timesandstar.co.uk